



Welcome to First Grade!

We are very excited to have your child in First Grade this year. We have put a few important things in this book to help you learn about First Grade. Please feel free to contact your child's teacher if you have any additional questions.



CHARACTER COUNTS!



Districtwide Focus:

August/September

Introduce Six Pillars & Respect

October

Citizenship

November/December

Caring

January

Recap & Review Six Pillars

February

Trustworthiness

March

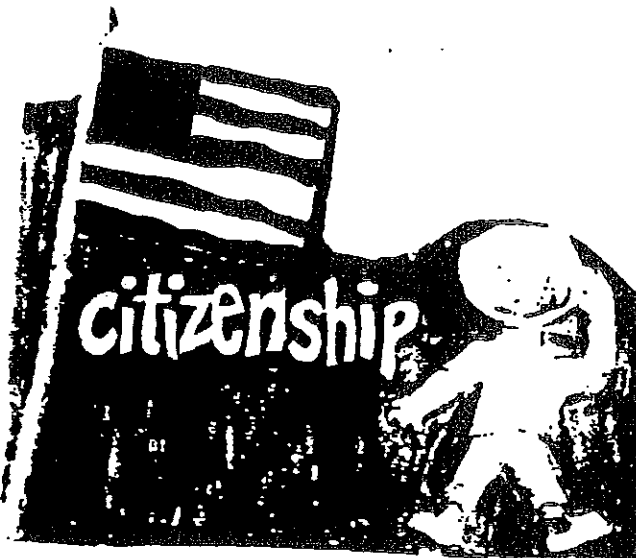
Fairness

April

Responsibility

May/June

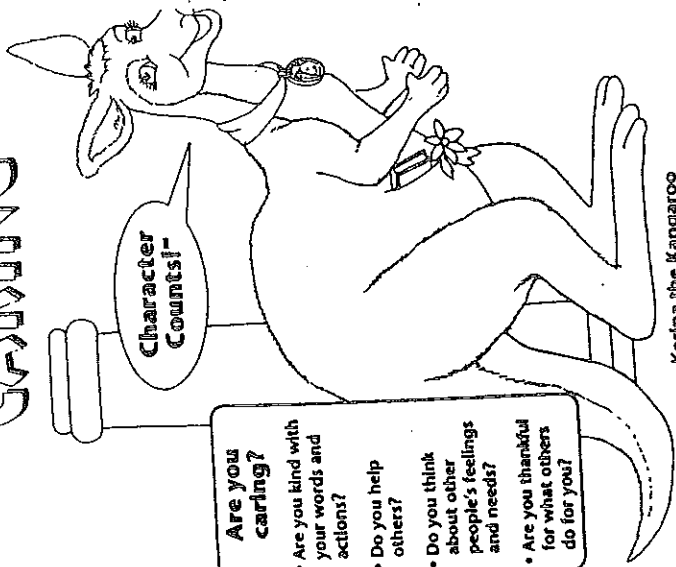
Recap & Review Six Pillars



over



CARING

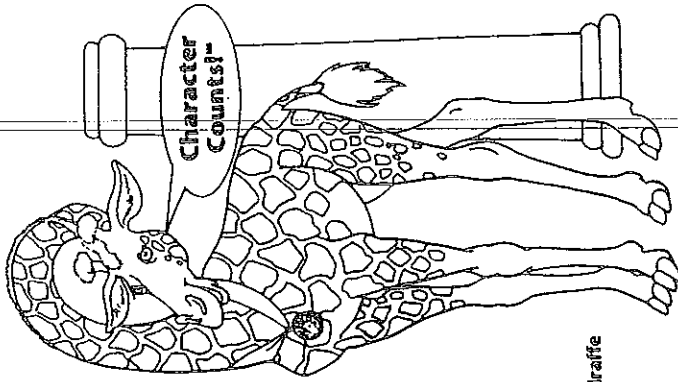


Karina the Kangaroo

Are you caring?

- Are you kind with your words and actions?
- Do you help others?
- Do you think about other people's feelings and needs?
- Are you thankful for what others do for you?

FAIRNESS



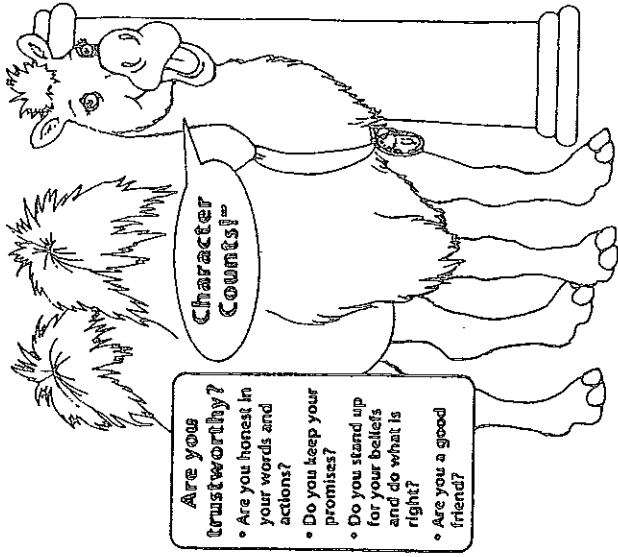
Guisto the Giraffe

Are you fair?

- Do you play by the rules?
- Do you take turns and share?
- When you disagree, do you try to see the other person's side?
- Do you speak up if you know something is unfair?

Character Counts!

TRUSTWORTHINESS



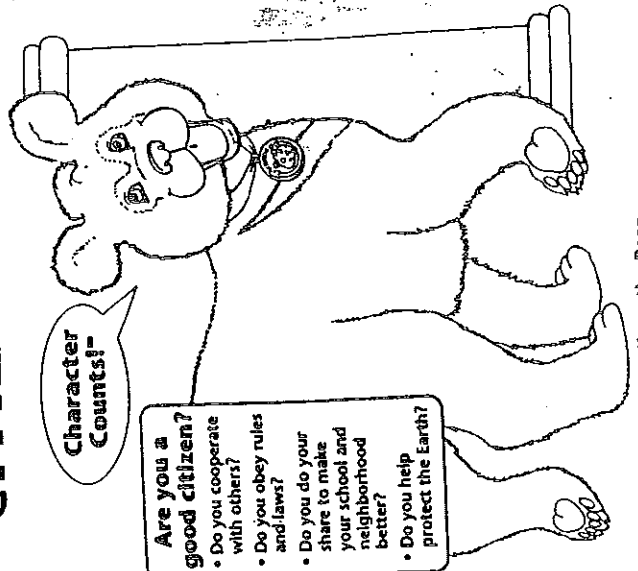
Shinrai the Camel

Are you trustworthy?

- Are you honest in your words and actions?
- Do you keep your promises?
- Do you stand up for your beliefs and do what is right?
- Are you a good friend?

Character Counts!

CITIZENSHIP



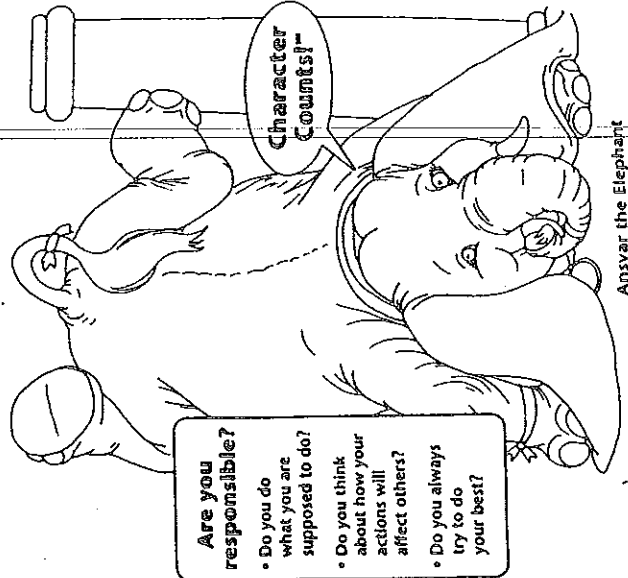
Kupa the Bear

Are you a good citizen?

- Do you cooperate with others?
- Do you obey rules and laws?
- Do you do your share to make your school and neighborhood better?
- Do you help protect the Earth?

Character Counts!

RESPONSIBILITY



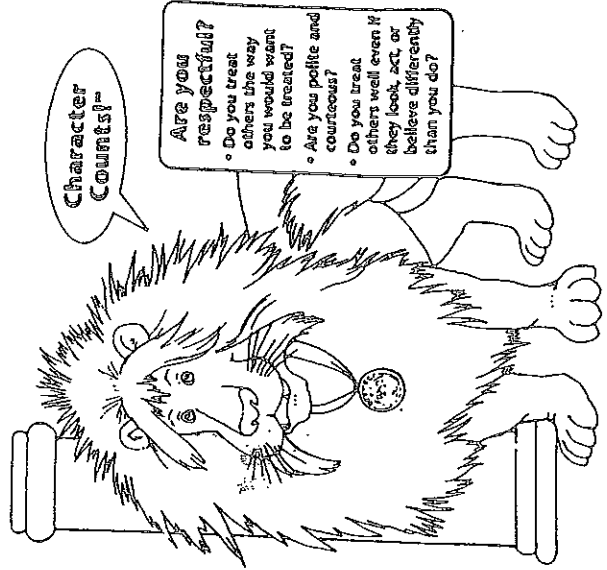
Ansvar the Elephant

Are you responsible?

- Do you do what you are supposed to do?
- Do you think about how your actions will affect others?
- Do you always try to do your best?

Character Counts!

RESPECT



Austus the Lion

Are you respectful?

- Do you treat others the way you would want to be treated?
- Are you polite and courteous?
- Do you treat others well even if they look, act, or believe differently than you do?

Character Counts!

1-2-3 Magic
Thomas Phelan, Ph.D.

Two rules that should be followed when using this discipline method.

1. The No Emotion Rule

Parents should not exhibit any emotion when disciplining your child.

2. The No Talking Rule

Parents should not say anymore than what they absolutely have to.

Example:

-“Can I have an ice cream cone?”

-“No dear, it’s too close to dinner.”

-“Why not?”

-“I just told you, you’ll ruin your dinner.”

“We went through this yesterday, remember honey? You hardly touched anything.”

-“I did so. Come on, just a tiny scoop.”

-“I SAID NO! When are you going to learn to take NO for an answer?”

-“But I want one. I’m hungry. I’LL EAT MY DINNER.”

~~“THAT’S ENOUGH. DO YOU HEAR ME? MY GOD, I’M SICK OF YOU KIDS ASKING FOR EVERYTHING UNDER THE SUN!”~~

-“I NEVER GET ANYTHING. I DON’T WANT MY STUPID DINNER!”

-DON’T YOU THREATEN ME YOUNG LADY. You’ll eat what I tell you to eat.”

The 1-2-3

1. You calmly give a warning that is both verbal and visual. Holding 1 finger, you say, “That’s 1.”

2. If she stops, fine. If she doesn’t, you give a second verbal and visual warning. Holding up two fingers, you say, “That’s 2.”

3. If she stops, great. If she doesn’t, you hold up three fingers and say, “That’s 3, take 5.” She then takes a time-out for five minutes. When she comes out you act as if nothing had happened. No lectures and apologies- and repeat the procedure whenever necessary.

Example: (same as above, but using 1-2-3 discipline method)

“Can I have an ice cream cone?”

“No dear, it’s too close to dinner.”

“Why not?”

“That’s 1.”

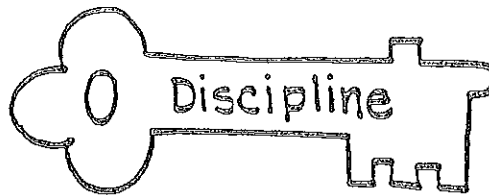
“I want an ice cream cone!!”

“That’s 2.”

“You Never Give Me Anything! This stinks!”

“That’s 3, take 5.”

***Certain behaviors are “automatic 3’s”. For instance, hitting or kicking someone.



What Is Discipline?

Discipline is not punishment; discipline is guidance; discipline is learning; and discipline is a training process that takes a great deal of time and patience.

DO NOT:

- scream
- use physical punishment
- get in a power struggle
- take away food
- expect perfection
- belittle or embarrass a child in front of the group
- compare children
- threaten or make empty promises
- argue
- procrastinate in handling a problem
- punish the entire group

DO:

- give clear rules and limits
- discipline in private
- be fair and firm
- be consistent
- give lots of praise
- prevent problems
- act promptly
- give choices
- do something different if what you're doing doesn't work
- use developmentally appropriate activities
- respect children
- listen to children
- encourage children to verbalize feelings and frustrations
- be affectionate (hug, cuddle, love)
- follow through

Traditional Manuscript

Aa Bb Cc Dd Ee Ff Gg

Hh Ii Jj Kk Ll Mm Nn

Oo Pp Qq Rr Ss Tt Uu

Vv Ww Xx Yy Zz

0 1 2 3 4 5 6 7 8 9

WORD LISTS

Unit 1

WEEK	THE CORE WORDS	DIFFERENTIATED SPELLING
1	At School does not school what	Approaching can, cat, man, mat
		On Level can, cat, hat, man, nap, tap
		Beyond can, cat, flat, hat, man, nap, tap, that
2	Where I Live down out up very	Approaching hit, pin, sit, win
		On Level hit, kiss, miss, pin, sit, win
		Beyond hit, kiss, miss, pin, sit, skin, spin, win
3	Our Pets be come good pull	Approaching clap, clip, flip, slip
		On Level black, clip, flag, flip, plan, slip
		Beyond black, clip, flag, flip, glass, place, plan, slip
4	Let's Be Friends fun make they too	Approaching hop, hot, lot, top
		On Level hog, hop, hot, log, lot, top
		Beyond flôp, hog, hop, hot, log, lot, slop, top
5	Let's Move! jump move run two	Approaching drip, drop, spill, spin
		On Level drip, drop, grab, grass, spill, spin
		Beyond branch, drip, drop, grab, grass, spill, spin, stamp

WORD LISTS

Unit 2

WEEKS	TRICK-RELATED WORDS	DIFFERENTIATED SPELLING
1	Jobs Around Town again help new there use	Approaching head, hen, men, read
		On Level beg, bread, head, hen, leg, men
		Sound beg, bred, head, hen, leg, men, sled, spread
2	Buildings All Around could live one then three	Approaching bug, fun, rug, run
		On Level bug, cut, fun, nut, rug, run
		Sound bug, cut, fun, lunch, nut, rug, run, skunk
3	A Community in Nature eat no of under who	Approaching fast, lend, past, send
		On Level fast, lend, past, send, sink, wink
		Sound fast, left, lend, past, send, sink, twist, wink
4	Let's Help all call day her want	Approaching ship, shop, sing, with
		On Level fish, sang, ship, shop, thing, with
		Sound fish, sang, ship, shop, sixth, thick, thing, with
5	Follow the Map around by many place walk	Approaching catch, chin, graph, whale
		On Level catch, chin, graph, match, whale, whip
		Sound catch, chin, chop, graph, match, phone, whale, whip

WORD LISTS

Unit 3

	MEET	MEET AND LEARN	DIFFERENTIATED SPELLING
1	What Time Is It?	away now some today way why	Approaching came, game, make, take
			Write came, game, gate, late, make, take
			Read came, game, gate, late, make, page, space, take
2	Watch It Grow!	green grow pretty should together water	Approaching bike, hide, like, ride
			Write bike, hide, like, mine, ride, spike
			Read bike, hide, like, mine, ride, shine, spike, twice
3	Tales Over Time	any from happy once so upon	Approaching age, edge, ice, rice
			Write age, ledge, nice, page, rice, wedge
			Read hedge, ledge, nice, page, price, rice, wage, wedge
4	Now and Then	ago boy girl how old people	Approaching cube, cute, nose, note
			Write cube, cute, hope, nose, note, rope
			Read close, cube, cute, hope, nose, note, quote, rope
5	From Farm to Table	after buy done every soon work	Approaching book, hood, look, took
			Write book, cook, hood, look, took, wood
			Read book, booklet, cook, cookie, hood, look, took, wood

WORD LISTS

Unit 4

	WEBCO	HIGH FREQUENCY WORDS TRAVEL SPAN	DIFFERENTIATED SPELLING	
1	Animal Features	about animal carry eight give our	special splendid	Approaching: day, mail, main, pay, rain, way
				On level: chain, day, mail, play, rain, way
				Below: chain, day, gray, mail, play, rain, snail, way
2	Animals Together	because blue into	danger partner	Approaching: eat, feet, keep, me, sea, we
				On level: beak, feed, keep, me, seat, we
3	In the Wild	or other small	find food more over start warm	Approaching: beak, feed, keep, me, seat, she, speed, we
				On level: boat, low, no, oat, row, toe
				Below: boat, coat, flow, low, no, row, snowman, toe
4	Insects!	caught flew know laugh listen were	beautiful fancy	Approaching: boat, low, no, oat, row, toe
				On level: boat, low, no, oat, row, toe
				Below: boat, coat, flow, low, no, row, snowman, toe
5	Working with Animals	found hard near woman would write	clever signal	Approaching: by, find, high, kind, night, pie
				On level: by, find, kind, night, pie, right
				Below: by, dried, find, kind, my, night, pie, right
				Approaching: funny, happy, key, penny, puppy, sunny
				On level: bumpy, funny, key, penny, puppy, sandy
				Below: bumpy, bunny, funny, key, monkey, penny, puppy, sandy

WORD LISTS

Unit 5

	NEW	DIFFERENTIATED SPELLING	DIFFERENTIATED SPELLING	
1	See It, Sort It	four large none only put round	trouble whole	Approaching arm, art, barn, car, far, harm
				On Level arm, art, barn, cart, harm, yarn
				Advanced arm, art, barn, cart, chart, harm, smart, yarn
2	Up in the Sky	another climb full great poor through	leaped stretched	Approaching bird, dirt, fur, her, turn, work
				On Level bird, dirt, fern, fur, her, work
				Advanced bird, burn, dirt, fern, fur, her, work, world
3	Great Inventions	began better guess learn right sure	idea unusual	Approaching born, core, corn, more, oar, roar
				On Level born, core, corn, more, roar, soar
				Advanced born, core, corn, more, pork, roar, soar, store
4	Sounds All Around	color early instead nothing oh thought	scrambled suddenly.	Approaching cow, how, out, sour, town, trout
				On Level cow, how, mouse, mouth, out, town
				Advanced brown, cloud, cow, how, mouse, mouth, out, town
5	Build It!	above build fall knew money toward	balance section	Approaching boy, coin, join, joy, oil, toy
				On Level boy, coin, join, joy, spoil, toy
				Advanced boy, coin, enjoy, join, joy, spoil, toy, voice

WORD LISTS

Unit 6

	WEB	HIGH-FREQUENCY WORDS	DIFFERENTIATED SPELLING	
1	Taking Action	answer brought busy door enough eyes	demand emergency	Approaching blue, few, fruit, soup, too, tune
				On Level blue, flew, fruit, moon, soup, tune
				Advanced blue, chew, flew, fruit, rude, soup, spoon, truth
2	My Team	brother father friend	accept often	Approaching cause, claw, haul, jaw, paw, saw
				On Level cause, claw, dawn, haul, paw, saw
				Advanced awful, cause, claw, dawn, fault, haul, paw, saw
3	Weather Together	been children month question their year	country gathers	Approaching gnat, gnu, knife, know, write, wrong
				On Level gnat, gnu, knife, know, write, wrong
				Advanced gnat, gnu, kneel, knife, know, write, written, wrong
4	Sharing Traditions	before front heard push tomorrow your	difficult nobody	Approaching scrap, scrub, splash, split, strike, three
				On Level scrape, splash, split, spray, strike, three
				Advanced scrape, shrill, splash, split, spray, strike, string, three
5	Celebrate America!	favorite few gone surprise wonder young	nation unite	Approaching bear, fair, pair, rare, share, wear
				On Level bear, fair, pair, share, spare, wear
				Advanced bear, careful, fair, pair, scare, share, spare, wear

120 Chart

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120

